

West District Country Relay Championships (Men)

Scottish Athletics Federation/Scottish Athletics Ltd

2025-6	1	Cambuslang H	45.22	Gavin Smith	Kevan Harvey	John Mackinnon	Andrew McGill
	2	Kilbarchan AAC	45.49	Jack Patton	Fraser Gilmour	Robbie Ferguson	Lewis Hannigan
	3	Inverclyde AC	45.57	Ryan Gray	John Bell	Ross Gray	Ben Potryus
2024-5	1	Cambuslang H	45.38	Christopher McLew	Callum Thame	John Mackinnon	Andrew McGill
	2	Inverclyde AC	46.36	Ben Potryus	Ross Gray	Colin Doherty	Mark Doherty
	3	Giffnock North AC	47.15	Jamie Connor	Oliver MacDonald	Alasdair Nugent	Nikolai Gajić
2023-4	1	Kilbarchan AAC	51.45	John Patton	Fraser Gilmour	Lewis Hannigan	Callum Hawkins
	2	Glasgow University H&H	53.04	Connor Bell	Andrew McGill	Magnus Tait	Stephen Addison
	3	Shettleston H	53.50	Lucas Cheskin	Seyd Taha Ghafari	Matthew Turner	Philip Nelson
2022-3	1	Giffnock North AC	49.22	Reuban Macdonald	Conan Harper	Cameron Green	Duncan Robinson
	2	Inverclyde AC	49.25	Ross Gray	Ben Potrykus	John Bell	Andrew Douglas
	3	Kilbarchan AAC	49.39	Fraser Gilmour	Lewis Hannigan	John Patton	Cameron Wright
2021-2	1	Giffnock North AC	50.56	Hamish Armit	Nikola Gajic	Calum Young	Duncan Robinson
	2	Inverclyde AC	50.59	Sean Fontana	Mark Docherty	Ben Potrykus	Ross Gray
	3	Cambuslang H	51.08	Kevin Harvey	Jammie Mackinnon	Michael Christoforou	Fraser Stewart
2020-1	No Championship due to Covid-19 pandemic						
2019-20	1	Cambuslang H	51.07	Stuart Gibson	Kevin Harvey	Fraser Stewart	Ryan Thomson
	2	Shettleston H	52.17	Jamie Burns	Michael Deason	Lewis Raeburn	Lachlan Oates
	3	Kilbarchan AAC	53.07	Andrew MacAngus	Cameron Wright	Connor MacLean	Robbie Ferguson
2018-9	1	Shettleston H	51.54	Lewis Raeburn	Weynay Ghebreselassie	Daniel Bradford	Lachlan Oates
	2	Inverclyde AC	51.58	Cameron Watson	John Bell	Ross Gray	Sean Fontana
	3	Kilbarchan AAC	52.36	Cameron Wright	Connor MacLean	Callum Matthews	Andrew MacAngus
2017-8	1	East Kilbride AC	54.46	Aidan Gilbride	Martin Lynas	John Fergusson	Grant Ballie
	2	Cambuslang H	54.56	Gavin Smith	Stuart Gibson	Benjmamin Hukins	Craig Jardine
	3	Cambuslang H	55.22	Struan Paton	Bobby Bristow	Alistair Campbell	Kyle McLellan
2016-7	1	Shettleston H	48.47	Paul Sorrie	Peter Avent	Alasdair McLeod	Tewoldeberhan Mengisteab
	2	Kilbarchan AAC	49.53	Ewan Mckerral	Callum Hawkins	Scott MacAulay	Callum Matthews
	3	Cambuslang H	49.58	Gavin Smith	Ryan Thomson	Ian Reid	Craig Jardine
2015-6	1	Shettleston H	50.56	Paul Sorrie	Tewoldeberhan Mengisteab	Kevin Brydon	Kamil Sieracki
	2	Inverclyde AC	51.07	Michael Houston	Jonathan Glen	Mark Pollard	Craig Ruddy
	3	Ronhill Cambuslang H	51.46	Ryan Thomson	Benjmamin Hukins	Stuart Gibson	Robert Gilroy
2014-5	1	Inverclyde AC	47.07	Michael Houston	Daniel Mulhare	Jonathan Glen	Craig Ruddy

2	Shettleston H	47.27	Brian McGarrity	Lachlan Oates	Tewoldeberhan Mengisteab	Paul Sorrie
3	Giffnock North AAC	48.43	Luke Traynor	Grant Muir	Jack Walker	Andrew Clark

2013-4	1	Shettleston H	49.06	Lachlan Oates	Michael Deason	Tewoldeberhan Mengisteab	Paul Sorrie
	2	VP City of Glasgow AC	50.54	David Veron	Ethan Sloan -Dennison	Max Ralston	Martin Hayes
	3	Ronhill Cambuslang H	51.15	Bobby Bristow	Ryan Thomson	Iain MacCorquodale	Robert Gilroy

2012-3	1	Ronhill Cambuslang H	50.15	Jack Hamilton	Iain MacCorquodale	Wegene Tafese	Stuart Gibson
	2	VP City of Glasgow AC	50.52	Derek Gibb	Sean Fontana	Ethan Sloan -Dennison	Max Ralston
	3	Kilbarchan AAC	52.12	Robert Quinn	Connor McNulty	Andrew Dearie	Chris Devenney

2011-2	1	Shettleston H	50.01	Michael Gillespie	Tewoldeberhan Mengisteab	Michael Deason	Matthew Gillespie
	2	Ronhill Cambuslang H	51.07	Robert Gilroy	Jack Hamilton	Stuart Gibson	Stewart Orr
	3	VP City of Glasgow AC	51.47	Sean Fontana	Derek Gibb	Alan Ramsay	David Veron

2010-1	1	Inverclyde AC	53.03	Andrew Douglas	Craig Ruddy	Mark Pollard	Daniel Mulhare
	2	Shettleston H	53.51	Amanuel Hagos	Michael Deason	Tewoldeberhan Mengisteab	Paul Sorrie
	3	Kilbarchan AAC	54.30	Paul Sorrie	Derek Hawkins	Paul Leck	Connor McNulty
2009-10	1	Shettleston H	47.00	Tewoldeberhan Mengisteab	Amanuel Hagos	Paul Sorrie	Tsegai Tewelde
	2	Inverclyde AC	47.42	Kevin Kane	Craig Ruddy	Mark Pollard	Chris Mackay
	3	Kilbarchan AAC	48.09	Paul Sorrie	Derek Hawkins	Connor McNulty	Paul Leck
2008-9	1	Shettleston H	47.41	Tewoldeberhan Mengisteab	Amanuel Hagos	Paul Sorrie	Tsegezab Woldemichael
	2	Inverclyde AC	49.39	Mark Pollard	Chris Mackay	Craig Ruddy	Graeme Hyett
	3	Kilbarchan AAC	50.53	Robert Quinn	Derek Hawkins	Scott Hawkins	Paul Leck
2007-8	1	Inverclyde AC	47.35	Graeme Hyett	Chris Mackay	Craig Ruddy	Mark Pollard
	2	Shettleston H	48.02	Andrew Little	Allan Adams	Martin Graham	Paul Sorrie
	3	Kilbarchan AAC	48.24	Paul Arcari	Robert Quinn	Thomas Hearle	Connor McNulty
2006-7	1	Inverclyde AC	47.12	Kevin Kane	Craig Ruddy	Andrew C Muir	Mark Pollard
	2	Kilbarchan AAC	47.59	Chris Devenney	Derek Hawkins	Connor McNulty	Paul Arcari
	3	Ronhill Cambuslang H	48.29	Ian Munro	Stephen Wylie	Joseph Kealey	Jamie Reid
2005-6	1	Ronhill Cambuslang H	52.04	Charles Thomson	John Brown	Iain MacCorquodale	Robert Gilroy
	2	Kilbarchan AAC	52.42	James Snodgrass	Ross Toole	Connor McNulty	Thomas Hearle
	3	Inverclyde AC	52.48	Gerry Gaffney	Thomas Murray	Craig Ruddy	Mark Pollard
2004-5	1	Shettleston H	53.27	Martin Graham	Stuart Gibson	Andrew Little	Ryan Montgomery
	2	Irvine AC	53.35	David Millar	William Richardson	George Irvine	Lee Richardson
	3	Ronhill Cambuslang H	53.37	David Ward	Robert Gilroy	Jameie Reid	Charles Thomson
2003-4	1	Ronhill Cambuslang H	46.05	John Brown	Andrew Wright	Jamie Reid	Stephen Wylie
	2	Kilbarchan AAC	47.02	James Snodgrass	Robert Quinn	Paul Arcari	Calum Morrison
	3	Shettleston H	47.16	Andrew Little	Stuart Gibson	William Coyle	Martin Graham
2002-3	1	Inverclyde AC	52.08	Mark Pollard	Thomas Murray	Thomas Tipping	Stephen Conaghan
	2	Ronhill Cambuslang H	52.31	John Brown	David Rodgers	Charles Thomson	Stephen Wylie
	3	Kirkintilloch O	52.54	Stuart Kerr	Christopher Stewart	David Gardnier	John McLonne
2001-2	1	Shettleston H	48.02	Martin Graham	Graham Wight	Frank McGowan	Adrain Callan
	2	Inverclyde AC	48.22	Mark Pollard	Stephen Conaghan	Thomas Tipping	Thomas Murray
	3	Ronhill Cambuslang H	49.01	Michael Chisholm	Douglas Runcieman	David Rodgers	Charles Thomson
2000-1	1	Inverclyde AC	46.42	Stephen McAllister	Stephen Conaghan	Thomas Tipping	Thomas Murray
	2	Kilbarchan AAC	47.16	Alan Puckrin	Thomas Hearle	Robert Quinn	Thomas Anderson
	3	Victoria Park AAC	48.51	Christopher Watson	Ewan Gault	David Watson	Kevin Foster

1999-2000	1	Inverclyde AC	48.02	Gerry Gaffney	Stephen Conaghan	Stephen McAllister	Thomas Tipping
	2	Shettleston H	48.03	Graham Wight	Stuart Gibson	William Coyle	Adrain Callan
	3	JW Kilmarnock H	49.01	Ian Connell	Edwar Tonner	Ryan Montgomery	James Tonner
1998-9	1	Kilbarchan AAC	46.31	Andrew C Muir	Thomas Hearle	Alan Puckrin	Robert Fitzsimmons
	2	Inverclyde AC	46.42	Stuart Hodge	Stephen Conaghan	Thomas Tipping	Thomas Murray
	3	Shettleston H	46.46	David Cameron	William Coyle	John Mackay	Brian Scally
1997-8	1	Shettleston H	44.53	David Cameron	John Mackay	Dermot McGongile	Graham Wight
	2	Cambuslang H	45.10	John Cowan	Douglas Ruciemann	Charles Thomson	Alex Robertson
	3	Kilbarchan AAC	45.27	George Gibson	Andrew C Muir	Alan Puckrin	Robert Quinn
1996-7	1	Shettleston H	42.18	Andrew Little	William Coyle	David Cameron	Adrain Callan
	2	Clydesdale H	42.35	Allan Adams	Keridine Idessane	James Austin	Des Roache
	3	Kilbarchan AAC	42.47	Gerry Fairley	Robert Quinn	Thomas Hearle	Robert Fitzsimmons
1995-6	1	Clydesdale H	53.22	Ewan Calvert	Des Roache	Grant Graham	James Austin
	2	Shettleston H	53.30	Andrew Little	David Cameron	William Coyle	Graham Wight
	3	Kilbarchan AAC	53.42	Robert Fitzsimmons	Thomas Anderson	Thomas Hearle	Robert Quinn
1994-5	1	Shettleston H	47.57	David Cameron	John Mackay	William Coyle	Graham Wight
	2	Greenock Glenpark H	48.22	Hamilton Cox	William Jenkins	James Bennett	Alan Puckrin
	3	Kilbarchan AAC	48.53	Thomas Hearle	Thomas Anderson	Gerry Fairley	Robert Quinn
1993-4	1	Springburn H	55.36	George Briadwood	Graham Crawford	James Cooper	Adrain Callan
	2	Shettleston H	56.42	Angus McCormick	John Mackay	Andrew Little	William Coyle
	3	Kilbarchan AAC	56.44	Robert Fitzsimmons	Thomas Anderson	Robert McCulloch	Angus McAngus
1992-3	1	Kilbarchan AAC	52.24	Gerry Fairley	Robert Fitzsimmons	Thomas Anderson	Robert Quinn
	2	Cambuslang H	52.29	Mark Gormley	Stephen Wylie	Douglas Ruciemann	Thomas Murray
	3	Victoria Park AAC	53.44	Crawford Little	Frank McGowan	Christopher Greenhaugh	Stewart Barnet

Scottish Cross Country Union

1991-2	1	Cambuslang H	51.16	Mark Gormley	Ross Arbuckle	Edward Stewart	Douglas Rucieman
	2	Shettleston H	51.40	John Mackay	David Cameron	Nat Muir	William Coyle
	3	Springburn H	51.57	Alex McIndoe	Geroge Briadwood	Graham Crawford	David Donnett
1990-1	1	Annan & District AC	42.55	Robert Carey	Colin McCann	Steve Ovet	Steve Binns
	2	Shettleston H	43.01	Alan Swan	David Cameron	William Coyle	Nat Muir
	3	Kilbarchan AAC	43.40	Michael McGinley	Thomas Hearle	J Christie	Robert Quinn
1989-90	1	Springburn H	51.53	David Donnett	Graham Crawford	Adrian Callan	George Briadwood
	2	Clydebank AC	52.04	Glen Stewart	Malcolm Campbell	Ian Gillespie	Alastair Russell
	3	Cambuslang H	52.21	Mark Gormley	Alex Gilmour	James Orr	Edward Stewart
1988-9	1	Greenock Glenpark H	48.57	M McKendrick	Hamilton Cox	Alan Puckrin	Thomas Murray
	2	Cambuslang H	49.28	David Healy	David McShane	Edward Stewart	Alex Gilmour
	3	Bellahouston H	50.09	Ewan Wilkinson	Alexander Law	Andrew Daly	Peter Fleming
1987-8	1	Cambuslang H	55.23	David Lang	Alex Gilmour	James Orr	Edward Stewart
	2	Springburn H	55.32	Stephen Began	Graham Crawford	Alex McIndoe	Adrain Callan
	3	Law & District AC	55.38	Hugh Forgie	William Nelson	Douglas Frame	Alastair Russell
1986-7	1	Spango Valley AC	41.26	Terry Osborne	Peter Conaghan	Stephen Conaghan	Lawrie Spence
	2	Law & District AAC	41.40	William Nelson	Hugh Forgie	William Dickson	Alastair Russell
	3	Greenock Glenpark H	41.45	Anthony Curran	Thomas Murray	Daniel McLaughlin	Patrick Duffy
1985-6	1	Spango Valley AC	47.56	Peter Conaghan	Chris Robison	Cameron Spence	Lawrie Spence
	2	Springburn H	48.15	James Cooper	Graham Crawford	Adrian Callan	Stephen Began
	3	Kilbarchan AAC	48.41	Paul Mayles	Neil Walker	Gerry Fairley	Robert Quinn
1984-5	1	Shettleston H	56.57	Brian Scally	Peter Carton	Nat Muir	John Mudie
	2	Bellahouston H	57.39	Graham Getty	Andrew Daly	Angus McAngus	Geroge Briadwood
	3	Kilbarchan AAC	57.40	Gerry Fairley	Alan Puckrin	Colin Wallace	Robert Quinn
1983-4	1	Bellahouston H	56.55	Graham Getty	Andrew Daly	Anthony Coyne	George Briadwood
	2	Law & District AC	56.56	James Burns	Hugh Forgie	William Dickson	Douglas Frame
	3	Spango Valley AC	57.40	Lachie Stewart	Cameron Spence	Thomas Wilkie	Lawrie Spence
1982-3	1	Law & District AC	46.24	John McNeill	Hugh Forgie	William Dickson	Douglas Frame
	2	Spango Valley AC	46.33	Chris Leck	Lachie Stewart	Thomas Wilkie	Cameron Spence
	3	Springburn H	46.43	Harry Gorman	Graham Crawford	James Martin	Adrain Callan
1981-2	1	Cambuslang H	56.33	Robert Anderson	Robert Lynch	Colin Donnelly	Edward Stewart
	2	Spango Valley AC	57.00	Hamilton Cox	Stuart Brownlie	Chris Leck	Cameron Spence
	3	Bellahouston H	57.58	Andrew Daly	Peter Fleming	Graham Getty	George Briadwood

1980-1	1	Law & District AC	49.07	Hugh Forgie	Alexander Miller	William Dickson	James Thomson
	2	Shettleston H	49.49	James Burns	Nat Muir	Henry Summerhill	William Scally
	3	Cambuslang H	49.53	Colin Feechan	Rod Stone	Edward Stewart	Alex Gilmour
1979-80	1	Spango Valley AC	54.28	Hamilton Cox	Graham Clark	Thomas Dobbin	Cameron Spence
	2	Shettleston H	55.16	James Evans	Stuart Easton	Iain Shaw	Nat Muir
	3	East Kilbride AAC	57.05	Hugh Wilson	Iain Campbell	Andrew Neal	Alan Partridge
1978-9	1	Shettleston H	50.30	Alan Marshall	Stuart Easton	Nat Muir	James Burns
	2	Spango Valley AC	50.47	Hamilton Cox	Graham Clark	Thomas Dobbin	Cameron Spence
	3	Clyde Valley AC	51.20	Fraser Stewart	James Brown	Briamn McSloy	Neil Agnew
1977-8	1	Shettleston H "A"	56.04	Lachie Stewart	Nat Muir	Alan Marshall	Lawrie Spence
	2	Spango Valley AC	56.37	Hamilton Cox	Graham Clark	Martin Coyle	Cameron Spence
	3	Shettleston H "B"	57.28	Stuart Easton	James Burns	James Evans	David Lothian
1976-7	1	Shettleston H	53.53	David Lang	Lawrie Spence	Nat Muir	Lachie Stewart
	2	Clyde Valley AC	54.54	Ian Moncur	Gregor Patterson	James Brown	John Graham
	3	Spango Valley AC	55.28	Hamilton Cox	Graham Clark	Martin Coyle	Cameron Spence
1975-6	1	Shettleston H	49.26	Lachie Stewart	David Lang	James Burns	Nat Muir
	2	Clyde Valley AC	49.55	Edward Devlin	John Graham	Joseph Small	Ronnie McDonald
	3	Victoria Park AAC	50.54	Fraser Brown	David McMeekin	Hugh Barrow	Innis Mitchell

National Cross Country Union of Scotland

1928-9	1	Plebian H	51.20	Samuel Tombe	Edwin James	Maxwell Rayne	Walter Gunn
	2	Shettleston H	51.42	William Anderson	Hamil Hassan	Hector MacDonald	James Hood
	3	Garscube H	51.51	Charles Blue	Robert Roxburgh	Edward Loudon	John Girvan

1927-8	1	Plebian H	59.12	Samuel Tombe	Edwin James	Maxwell Rayne	Walter Gunn
	2	Garscube H	59.17	Charles Blue	John Girvan	Alex Brooke	Robert Roxburgh
	3	Beith H	59.33	John Calder	David Jamieson	Andrew Fitsimmons	David F McKechnie

1926-7	1	Shettleston H	57.59	Thomas Riddell	Matt Anderson	William Hart	John Stanley
	2	Garscube H	58.15	Charles Blue	Robert Roxburgh	John Girvan	Alex McMorro
	3	Maryhill H	58.38	Don McLean	Andrew Mitchell	J Hay	Walter Calderwood

The Struthers Shield was contested by West District clubs in 1924 and 1925. From 1926 the Shield was presented to the winners of the official championship which started in this year.

1925-6	1	Shettleston H	51.18	Thomas Riddell	Matt Anderson	William Hart	John Stanley
	2	Plebian H	51.56	Robert Clark	Walter Gunn	Andrew Allan	Samuel Tombe
	3	Garscube H	52.01	David Elliot	Dan Quinn	John Girvan	Alex McMorran

1924-5	1	Garscube H	64.13	David Elliot	Dan Quinn	Alex McMorran	John Girvan
	2	Shettleston H		John Jordan	Matt Anderson	John Stanley	William Hart
	3	Greenock Wellpark H		Hugh Rankin	William Wallace	Duncan McSwein	Alexander McLean